

CARRIE ANN FLEMMING

EMAIL: flemmica@gmail.com
PHONE: 510.907.0075

Clinical mental health counselor seeking full-time psychotherapist position within a group practice offering creative, trauma-informed, social justice, and community-oriented care.

EDUCATION

Advanced Certificate in Mental Health Counseling - SUNY New Paltz
Expected completion May 2024

MA, Transpersonal Psychology
Concentration in Expressive Arts
John F. Kennedy University
Pleasant Hill, CA

MA, Women's Spirituality
New College of California
San Francisco, CA

BS, Media Arts & Design
James Madison University
Harrisonburg, VA

CERTIFICATIONS

Clinical EFT, 2018
Intermediate Level
EFT Universe - Petaluma, CA
50+ hours supervised mentorship
Mentor: Lorna Minewiser, PhD

Clinical Hypnosis, 2010
HCH Institute for Psycho-Spiritual Growth - Lafayette, CA
200 hours instruction + 100 hours supervised internship
Mentor: Holly Holmes-Meredith, MFT

PROFESSIONAL EXPERIENCE

Clinical Counseling Intern, Marist College Counseling Services
August 2023 to present - Poughkeepsie, NY

- Provide intake, crisis, and individual counseling sessions to students
- Offer biweekly drop-in, solution-focused sessions on campus
- Facilitate Expressive Arts Therapy Group with a relational focus

Neal Casal Clinical Fellow, Backline
October 2022 to December 2023 - Remote

- Supported network expansion, clinician vetting, case management
- Helped expand Wellness Provider Network through application update, creating network requirements, and developing SOP
- Content creation, editing, and design for Touring Notebook

Clinical Counseling Intern, Oncology Support Program - Health Alliance Hospital - May 2023 to August 2023 - Kingston, NY

- Offered individual counseling to oncology clients newly diagnosed, receiving treatment, and in remission
- Led monthly coping skills and women's support groups

Recovery Support Specialist, Caron Treatment Centers
March 2020 to June 2021 - New York, NY / Remote

- Provided intensive case management to clients in early recovery
- Offered coaching, crisis intervention, and group facilitation
- Supported clients in creating lasting change in key life areas

Clinical Hypnosis Practitioner, MPI Chemical Dependency Detox and Treatment Program - Sutter Health Hospital
October 2014 to March 2019 - Oakland, CA

- Worked as part of an interdisciplinary treatment team
- Provided 1:1 sessions, milieu support, and psycho-education
- Facilitated creative arts, grief and loss, and deep relaxation groups
- Led lectures on EFT tapping, stress reduction, self-compassion

Holistic Practitioner, Private Practice
May 2009 to March 2019 - Oakland & Alameda, CA

- Guided clients in 1:1 hypnosis, EFT, and self-compassion sessions
- Led workshops focused on EFT tapping, relaxation, expressive arts
- Created and facilitated a Self-Soothing Skills Group

Health Worker, Women's Choice Community Clinic
February 2006 to May 2007 - Oakland, CA

- Trained in all areas of community reproductive health clinic
- Completed intakes, educational sessions, and admin tasks
- Offered emotional support during procedures and aftercare

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COMMUNITY WORK

Training Committee Member - *Institute for the Development of Human Arts (IDHA)*
June 2022 to present - Virtual

Blog Writer & Volunteer, Rooted Resources Festival - *Good Work Institute* - May 2022 - Kingston, NY

Co-organizer, Food Pantry Delivery Project - *SOMA Justice*
May 2020 to June 2021
South Orange, NJ

Participant, Community Healing Circles - *Dissecting Whiteness*
March to September 2018
Oakland, CA

Children's Art Group Facilitator
Drawbridge - February 2006 to March 2007 - Berkeley, CA

Creative Arts Group Facilitator,
SAGE Project - May 2006 to July 2007
San Francisco, CA

PROFESSIONAL PRESENTATIONS

Collage As Anchor: Intention and Presence Through Visual Art, 2022

Introduction to Emotional Freedom Technique, 2017

The Art & Science of Self-Compassion, 2016

Engaging the Language of the Unconscious, 2015

The Inner Critic, Imagination, and Self-Acceptance, 2015

Case Manager, Building Futures with Women & Children: Domestic Violence Safehouse - August 2004 to January 2005 - California

- Provided comprehensive and collaborative case management
- Co-created safety plans and supported protective order process
- Shared clinical, employment, childcare, and housing resources

Case Manager, Berkeley Food & Housing Project: Transitional House
November 2002 to August 2004 - Berkeley, CA

- Provided case management to adult clients and their families
- Taught clients skills in preparation for independent living
- Supported clients in securing and maintaining long-term housing

ADDITIONAL TRAINING & ONGOING COMMITMENTS

Seeds of Kinship: Ancestral Knowledge and Cultural Stewardship
with Rowen White and Michael Yellow Bird - April 2024

Embodied Justice: Physiology of Body-Mind-Spirit with Chloe Calderon Chotrani and Gabes Torres - February 2024

Gender Affirming Care For Transgender And Gender Expansive Clients with Nyx Melody - Hudson Valley Professional Development
September 2022

Foundations of Somatic Abolitionism with Resmaa Menakem and Carlin Quinn - April 2022

Tapping Out of Trauma 1.0 (Trauma-Informed Care) with Susan Fageol and Craig Weiner - September to December 2021

Making Sanctuary As Decolonial Practice: Putting Wounds to Work
with Bayo Akomolafe - December 2021

Liberatory Art-Making: Reimagining Community Care with Priya Dadlani and Roxie Ehlert - November 2021

Just Transition Primer with The Good Work Institute - August 2021

Introduction to Motivational Interviewing with Suzanne Alfandari at Sutter Health - March 2019

Clinical EFT (Emotional Freedom Technique) Levels I + II with EFT Universe - August 2016

Clinical Hypnosis Levels I, II, and III with HCH Institute - February 2009 to August 2010

The Untraining: Healing Personal and Societal Oppression with Ro Horton and Rita Shimmin - January 2005 to August 2008